

Turn your next workout
into a night out.



Humana Vitality[®]



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With HumanaVitality,[®] good health is so rewarding.

When you make a healthy decision, feeling good is not your only reward. Healthy decisions are rewarded with things like gift cards, hotel stays, movie tickets, and more. So starting today, make a change. Eat an apple instead of a cookie. Ride your bike to the store instead of taking the car. And get that health checkup you've been meaning to. Starting today, take the first step toward living a healthier life by taking advantage of HumanaVitality. [Find out more at livingwell.ky.gov](https://livingwell.ky.gov).



HumanaVitality is not an insurance product. HumanaVitality is only available to covered KEHP members. Members must be in Bronze Vitality Status[™] or higher to redeem Vitality Bucks.[®] Your plan is administered by Humana Insurance Company.

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